CATCHING PERFORMANCE RUBRIC

SPARK™

MIDDLE SCHOOL

FLYING DISC

	CLAP CATCH	2-HANDED CATCH	1-HANDED CATCH
	• Places 1 hand on top and 1 on the bottom • Claps disc flat like a pancake	• Has hands up and ready to catch (thumbs down if disc at chest level or above, thumbs up if below chest) • Clamps disc between fingers and thumb • Watches disc as it comes into hands	• Makes a C with dominant hand • Has hands up and ready to catch (thumbs down if disc at chest level or above, thumbs up if below chest) • Clamps disc between fingers and thumb • Watches disc as it comes into hand
STUDENTS			

Scale: 3 Demonstrates all cues all the time with no mistakes
2 Demonstrates 2 or more cues all the time with no mistakes
1 Demonstrates 1 cue all the time with no mistakes
0 Cannot demonstrate any of the cues