

**Teaching Tips**

- When you hear "Gotcha," grab the person's finger on your left but don't let the one on the right grab yours.
- Your palm must remain flat.
- Your index finger must be straight up (vertical).

**Guidelines Addressed**

- Active Game Choice
- Social interaction
- Initiative

**SEL Competencies****Self-Awareness**

Peer interaction

**Self-Management**

Impulse control

**Relationship Skills**

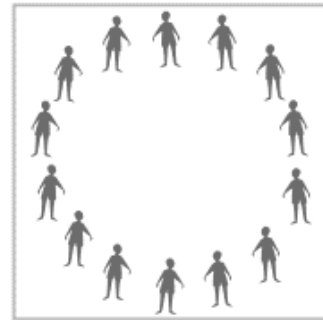
Social engagement

**PREP**

- None

**SET**

- Stand in a large circle with a few feet between each participant.

**TEACH****1. Lesson Objective**

- The object of *Gotcha* is to grab you're the other student's finger while trying to let your partner not grab yours.

**2. Instructions**

- Standing in a circle, hold your left hand out flat to the left side of you with your palm facing up.
- Your palm must remain flat, you can't make it into a little cup.
- Place the point of your right index finger in the middle of the palm of the student standing on your right.
- Your index finger must be straight up (vertical) and not leaning to the side to make it easier to take out.
- When you hear the word, "Gotcha," try to grab your partner's index finger with your left hand.
- At the same time, try to pull up your right index finger before the student grabs it.
- Score a point each time you grab a finger.
- *(Repeat this several times, changing how long you wait before giving the "Gotcha" signal.)*
- *(Next have participants switch hands putting right palm out and left index finger in the student's palm on their left.)*

## Reflection Questions

- What did you enjoy about this activity?
- Was this activity challenging? Why or why not?
- How does this activity help us to create a positive learning environment?

## Game Reset

### Rewind

- **Partner Gotcha**
  - Put your right hand out flat and put your left index finger touching your partner's palm.
  - When I say Gotcha, grab your partner's finger but don't let them grab yours.

### Fast-Forward

- **Triangle/Square Gotcha**
  - Try Gotcha with a group of 3, in a triangle formation.
  - Put your right palm out and put your left index finger in the palm of the participant on your left.
  - Repeat in a square, 2 sets or participants facing each other to make a box or square.

## The Right Fit

### Group Size

- Can be done with as few as 5 participants.
- For large groups it is better to have multiple games playing at the same time. Participants are kicking balls and could strike someone when they are closer and not paying attention.

### Limited Space

- Can be played in any size space that will fit the number of participants as there is no moving throughout the space.

### Wide Age Range & Skill Levels

- All ages/skill levels can participate together for the group activity. Pair or group same ages for Game Reset.

## Home Play

Why is your second finger called the index finger? The main reason is that it comes from the finger's use in pointing: the English word index which means "to show." Others references to the index finger include when an index finger is held vertically it represents the number 1 or when held up or moved side to side it can be mean "no" (especially for kids). With the palm out and the thumb and middle fingers touching, the index finger represents the letter d in American Sign Language.

## Leader Reflections

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